



# COPING WITH ANXIETY

## BEFORE, AFTER AND DURING LUNG CANCER TREATMENT

A free educational webinar hosted by  LUNG CANCER ALLIANCE

If you or a loved one has cancer, anxiety is a common response. When it comes to cancer, your emotional health is just as important to address as your physical health.

Join us to discuss anxiety around lung cancer treatment and, more importantly, take-home tips for managing it. Leading medical experts and a survivor with first-hand experience will dive into breathing techniques, medications and exercises that can help you right now.

**WHEN:** Monday, July 31, 2017  
10:00am PT/11:00am MT/12:00pm CT/1:00pm ET

**SPEAKERS:** **Dr. Boris Krivitsky** of Carolinas HealthCare System's Levine Cancer Institute  
**Amy Jamerson**, Clinical Social Worker, Carolinas HealthCare System's Levine Cancer Institute  
**Curt Hammock**, Six Year Lung Cancer Survivor

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